


Breakfast **SEPTEMBER 2019**

Cleveland Metropolitan School District

Monday	Tuesday	Wednesday	Thursday	Friday
2 LABOR DAY (All Facilities Closed) 	3 -Mini Confetti Pancakes -Craisins -Choice of Fresh Fruit -Fruit Juice -Milk	4 -Mini Bagel Pizzas -Peach & Pear Cup -Choice of Fresh Fruit -Fruit Juice -Milk	5 -Triple Berry Mini French Toast -Strawberry Cup -Choice of Fresh Fruit -Fruit Juice -Milk	6 -Grilled Cheese -Mixed Fruit Cup -Choice of Fresh Fruit -Fruit Juice -Milk
9 -Chicken & Waffle Sandwich -Pineapple Cup -Choice of Fresh Fruit -Fruit Juice -Milk	10 -Sausage & Cheese Croissant -Blueberry & Peach Cup -Choice of Fresh Fruit -Fruit Juice -Milk	11 -Breakfast on a Stick -Applesauce -Choice of Fresh Fruit -Fruit Juice -Milk	12 -Mini Blueberry Waffles -Craisins -Choice of Fresh Fruit -Fruit Juice -Milk	13 -Apple Chimichanga -Peach Cup -Choice of Fresh Fruit -Fruit Juice -Milk Positive Thinking Day
16 -Cinnamon Blueberry Twisted Stick -Pear Cup -Choice of Fresh Fruit -Fruit Juice -Milk	17 -Mini Cinni Rolls -Mandarin Orange Cup -Choice of Fresh Fruit -Fruit Juice -Milk	18 -Cinnamon Toast Crunch Pastry -Peach Cup -Choice of Fresh Fruit -Fruit Juice -Milk	19 -Egg & Cheese Slider -Strawberry Cup -Choice of Fresh Fruit -Fruit Juice -Milk	20 -French Toast Sticks -Apple Slices -Choice of Fresh Fruit -Fruit Juice -Milk
23 -Chicken on a Biscuit -Applesauce -Choice of Fresh Fruit -Fruit Juice -Milk	24 -Cheese Croissant -Strawberry & Blueberry Cup -Choice of Fresh Fruit -Fruit Juice -Milk Punctuation Day	25 -Apple Bosco Stick -Mandarin Orange & Pineapple Cup -Choice of Fresh Fruit -Fruit Juice -Milk	26 -Breakfast Pizza -Applesauce -Choice of Fresh Fruit -Fruit Juice -Milk	27 -Ham, Egg, & Cheese English Muffin -Apricot Cup -Choice of Fresh Fruit -Fruit Juice -Milk
30 -Cherry Frudel -Mixed Fruit Cup -Choice of Fresh Fruit -Fruit Juice -Milk				

Fresh Fruit Offerings:

Apples
 Bananas
 Oranges
 Pears
 Other Seasonal Fruits

Grab 'n Go Offerings:

Cereal
 Cereal Bars
 PopTarts
 String Cheese
 Yogurt
 Breakfast Breads
 Mini Donuts
 Mr. Goody Bun
 PB&J Bar
 PB&J Crustless Sandwich

Fruit Juice Choices:

Apple
 Orange
 Grape
 Pineapple Orange

Milk Choices:

Fat-Free Chocolate
 Fat-Free Strawberry
 1% White