

Live Well, Work Well

Click the link below to find out more information regarding:

- *Coping with Pandemic Financial Stress*
- *Breast Cancer Awareness Month*
- *This Year's Flu Season*
- *Pumpkin Ricotta Stuffed Shells*
- ...and more

Link to Flyer: [Live Well, Work Well Flyer](#)
[Eat Well, Live Well](#)

Wellness Incentive Certification Reminder

We want to remind you about the CMSD wellness incentive credit process. In order to receive the credit, a covered employee and a spouse (if applicable) that is on your coverage as primary must both schedule and complete testing with a health care professional consisting of the following:

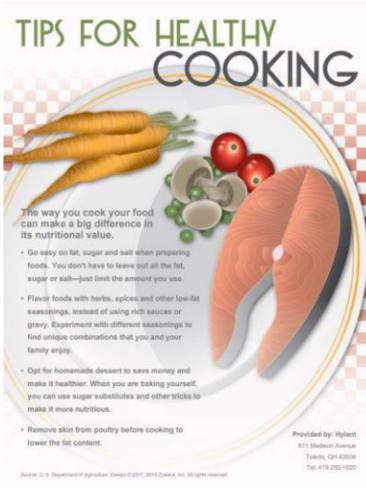
- Cholesterol screening;
- Glucose screening;
- Blood pressure screening;
- Body Mass Index (BMI) measurement; and,
- Review of the CMSD Physician Health Risk Assessment

Please click and print both the attached [CMSD Physician Health Risk Assessment](#) and [Physician Certification Form](#) to take with you to your appointment.

Upon completion of your forms, have your doctor provide those to you for your submission to the address provided (medical providers do not need to submit on your behalf).

Summer break is a great time to complete these activities. Completed form(s) for returning employees and covered spouses must be submitted to cmsdhra@hylant.com (or mailed to the address provided on the form) **no later than October 31, 2021**. Please do not send your forms to the Benefits Department within CMSD.

Only the completed Physician Certification Form should be submitted for processing. **Results of testing performed should not be included.**



Get Ready: Open Enrollment

2022 Open Enrollment: November 1, 2021 – November 30, 2021

Open Enrollment is a once-a-year opportunity to review and make changes to your Employee Benefits elections for the coming year for Benefits eligible employees. It's the only time you can change your coverage outside of having a qualifying life event during the year. Information for Open Enrollment will appear in your Workday inbox.

Take the time to review your enrollment materials before making 2021 coverage decisions.

For an overview of the CMSD Benefits offered, you can view the [2021 Employee Benefits Guide](#) here. As a reminder, annual elections are required for your flexible spending account (FSA), Dependent Care, and opt-out election (indicating healthcare coverage through another source; if elected payment is twice a year in the months of April and October).

***2022 Employee Benefits Guide will be published on the CMSD website Benefits Page by October 29th, 2021**

COVID-19 Testing and Vaccination Sites

Like the state, nation, and entire world, CMSD continues to experience the ongoing impact of the COVID-19 pandemic. We have and will continue to implement a large number of safety measures to protect students, staff, and guests of our schools, offices, and departments. Below is a message from our CEO in regards to COVID-19 testing, vaccination sites, and additional measures implemented by the District.

[Message from the CEO – COVID-19 Testing Vaccination Sites in the Cleveland Area](#)



To view information regarding Benefits, please visit the Benefits Website via the links below. All information available in this newsletter and subsequent newsletters can be found via the Districts website. Click here for the Benefits Website Link: [Employee Benefits Website](#)
Click here for the Monthly Newsletter Flyers provided by our Providers: [Monthly Newsletter Flyers](#)