INTERNET SAFETY CHECKLIST

FOR STUDENTS

When online:
- Think before you post.
- Always use proper netiquette and be a good online citizen.
- Create a unique password and keep it private, sharing it only with my parents
  - I won't use my pet's name, birthday, nickname, etc.
  - I will vary my password from site to site and
  - Change my password from time to time
- Never give out personal details such as:
  - Name
  - Address or even what part of the country I live in
  - Home number
  - Age or birthday
  - School
  - Club names
- Communicate respectfully with others.
- Never upload your picture without checking with my parents.
- Seek permission before sharing pictures or information about other people online.
- Never fill out online forms or questionnaires.
- Never arrange a face-to-face meeting with a stranger.
- Only download from known or trusted websites.
- Tell a trusted adult if I see something that makes me feel uncomfortable.
- Never open emails from people I don't know.

FOR PARENTS

To ensure your child(ren) are safe online:
- Educate myself about dangers my children may encounter, including online predators and cyberbullying.
- Discuss with your child about things on the web that make them feel uncomfortable.
- Monitor their internet use by sharing an email account, checking browser history. keeping the computer in a shared situation and maintaining access to your child's account.
- Research and recommend appropriate child-safe sites.
- Maintain an appropriate amount of parental control of software through user time limits and access to sites, games, chat and file sharing.
- Select child-safe mobile devices, included those which do not include a camera or web access and phones with a limit on the number of calls that can be made.
- Note: you can request that the internet provider disable web access, even if you cannot find a phone without a camera.