

K-8 Breakfast SEPTEMBER 2020

Cleveland Metropolitan School District

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p>  <p>LABOR DAY All Facilities Closed</p> <p>*Students can pick up meal for today on Friday 9/4 from Summer Meal Sites*</p>	<p>8</p> <ul style="list-style-type: none"> -Cinnamon Toast Crunch Bowl -Strawberry Nutrigrain Bar -Fruit Juice -Fresh Fruit -Milk <p>First Day of School 🍌</p>	<p>9 Pick up on Tuesday</p> <ul style="list-style-type: none"> -Powdered Donut -Fruit Juice -Fresh Fruit -Milk 	<p>10</p> <ul style="list-style-type: none"> -Strawberry Yogurt -Goldfish Grahams -Fruit Juice -Fresh Fruit -Milk 	<p>11</p> <ul style="list-style-type: none"> -Chocolate Bread -Fruit Juice -Fresh Fruit -Milk
<p>14</p> <ul style="list-style-type: none"> -Honey Bun -Fruit Juice -Fresh Fruit -Milk 	<p>15</p> <ul style="list-style-type: none"> -Strawberry Poptart -Goldfish Grahams -Fruit Juice -Fresh Fruit -Milk <p>Celebrate National Hispanic Heritage Month</p> 	<p>16 Pick up on Tuesday</p> <ul style="list-style-type: none"> -Chocolate Donuts -Fruit Juice -Fresh Fruit -Milk 	<p>17</p> <ul style="list-style-type: none"> -Lucky Charms Bowl -Coco Puffs Cereal Bar -Fruit Juice -Fresh Fruit -Milk 	<p>18</p> <ul style="list-style-type: none"> -Powdered Donuts -Fruit Juice -Fresh Fruit -Milk
<p>21</p> <ul style="list-style-type: none"> -Chocolate Bread -Fruit Juice -Fresh Fruit -Milk 	<p>22</p> <ul style="list-style-type: none"> -Cinnamon Toast Crunch Bowl -Strawberry Nutrigrain Bar -Fruit Juice -Fresh Fruit -Milk 	<p>23 Pick up on Tuesday</p> <ul style="list-style-type: none"> -Honey Bun -Fruit Juice -Fresh Fruit -Milk 	<p>24</p> <ul style="list-style-type: none"> -Strawberry Yogurt -Goldfish Grahams -Fruit Juice* -Fresh Fruit* -Milk 	<p>25</p> <ul style="list-style-type: none"> -Chocolate Donuts -Fruit Juice -Fresh Fruit -Milk <p>Comic Book Day 📖💥</p>
<p>28</p> <ul style="list-style-type: none"> -Powdered Donuts -Fruit Juice -Fresh Fruit -Milk 	<p>29</p> <ul style="list-style-type: none"> -Strawberry Poptart -Goldfish Grahams -Fruit Juice -Fresh Fruit -Milk 	<p>30 Pick up on Tuesday</p> <ul style="list-style-type: none"> -Chocolate Bread -Fruit Juice -Fresh Fruit -Milk <p>Elie Wiesel's Birthday 🎂</p>		

PLEASE NOTE:
Schools are closed for cleaning on Wednesdays. Students will receive Wednesday's meals on Tuesday.

Breakfast Meal Pattern

- 1 serving grains
- ½ cup juice
- ½ cup fruit
- 1 cup milk

Fruit Juice
Apple, Grape, Orange

Fresh Fruit
Apple, Banana, Other Seasonal Fruits

Milk Choices
Fat-Free Chocolate
Fat-Free Strawberry
1% White

Birthday Buzz: Elie Wiesel
Elie Wiesel is a Romanian-born American author, professor, and Holocaust survivor. He wrote 57 books that have been translated into 30 languages. He received the Nobel Peace Prize for his lifetime commitment to speaking out against violence, oppression, and racism.