



BUILDING STRONG FAMILIES PROGRAM

Winter Session

Join us for a fun & relaxed 8-week 2-hour ONLINE Parenting SUPPORT group session where families can gather together to discuss common family matters.

Family Support Parenting Groups topics include:

- Family stress and coping
- Parenting /Co- Parenting
- Commitments among family members
- Managing different personalities within a family
- Other helpful parenting skill topics!



Where? ONLINE

When? Wednesdays January 20 ,2021 –March 31 ,2021

Noon– 2:00 p.m.

Pre-registration is required, please contact:

Frederick Knuckles at: 216-314-0019 or fknuckles@universitysettlement.net

“Please note access to the group will be given at time of registration”

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