



Gwen Hau, RN, LSN & Halle DeLong, RN
CMSD Nursing & Health Services
gwen.hau@clevelandmetroschools.org
halle.delong@clevelandmetroschools.org

Nursing and Health Services



Carol Pennington, MSN, BSN, RN, LSN.

Educator: Interim Director, Health and Nursing Services

carol.pennington@clevelandmetroschools.org

216.838.0236

We are 54 full time Registered Nurses covering 125 public and non-public schools and servicing upwards of 39,000 scholars and 5300 staff members.

Cleveland Metropolitan School District school nurses are committed to working with the families, schools and community to promote optimal health and educational success of all students of the District.

We cannot do it without the help and support of YOU!



Your Top Resources

YOUR SCHOOL NURSE!



CMSD COVID HOTLINE

(216) 838-WELL (9533)

covid@clevelandmetroschools.org



Department
of Health

coronavirus.ohio.gov



Cleveland Department of Public Health

clevelandhealth.org

DISTRICT EMPLOYEES: clevelandmetroschools.org → STAFF → Employee Guide to COVID-19



Monitor for signs and symptoms that may be related to Covid-19. Refer to the Employee Guide to Covid-19, Ohio Department of Health or Center for Disease Control websites for a complete UPDATED list of symptoms.

COVID-19 Symptoms

Help prevent the spread of COVID-19

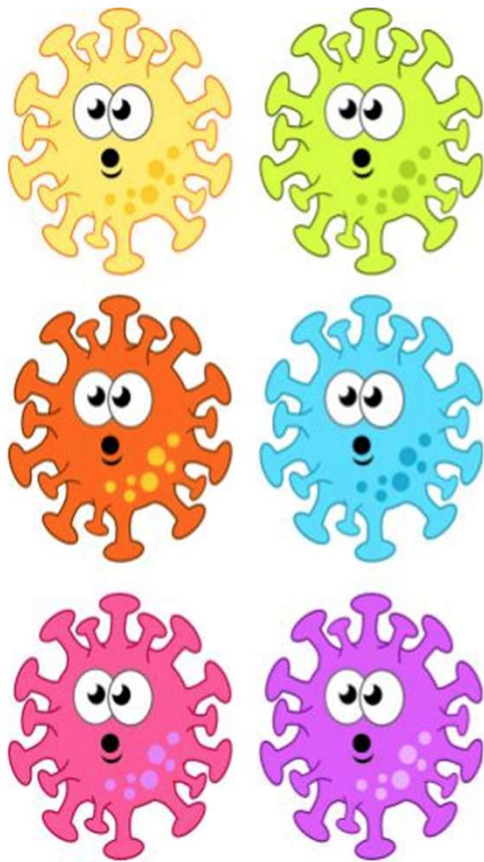
You may have COVID-19 if you experience one or more of the following:

- Fever or chills.
- Cough.
- Shortness of breath or difficulty breathing.
- Fatigue.
- Muscle or body aches.
- Headache.
- Loss of taste or smell.
- Sore throat.
- Congestion or runny nose.
- Nausea or vomiting.
- Diarrhea.

Symptoms range from mild to severe and may appear two to 14 days after exposure to the virus.

When in doubt, call your
Health Care Provider
OR the
CMSD COVID HOTLINE





216-838-WELL

COVID Support Hotline

Call and speak to a CMSD school nurse
about your health concerns.
(216-838-9355)

Testing Options

Cleveland Testing Options: www.clevelandcovidservices.com

Cuyahoga County Department of Health: www.ccbh.net/covid-19-community-testing

Rapid Testing: www.walkinurgentcare.com

Tri-C Testing: www.tri-c.edu/administrative-departments/business-continuity/covid-19/covid-19-testing.html



Mental Health Care

- COVID CareLine for Ohioans.
 - 1-800-720-9616.
 - Trained staff will be available to provide emotional assistance to anyone struggling with mental health concerns due to the ongoing stress of the pandemic.
 - All calls will be confidential.
- National Suicide Prevention Lifeline
 - 1-800-273-TALK (8255)
- CMSD Rapid Response Desk
 - (216)838-2273
- Calm App
 - Highly rated sleep and meditation app
 - Free for educators
 - www.calm.com/schools

Community Health Resources



- Free or Low Cost Clinics
 - Neighborhood Family Practice (3 locations)
 - nfpmedcenter.org
 - Care Alliance (3 locations)
 - carealliance.com
 - J. Glen Smith & McCafferty Health Center
 - clevelandhealth.org
- MetroHealth School Based Health Clinic
 - metrohealth.org/school-health-program
 - Contact your CMSD RN
 - Call 216-957-1303.
 - Email SchoolHealth@metrohealth.org
- **CMSD COVID HOTLINE**
 - (216)838-9355
 - Email covid@clevelandmetroschools.org



Dental Care



- Care Alliance (3 locations)
 - carealliance.com



- CWRU SCHOOL OF DENTAL MEDICINE
 - For an adult appointment (ages 18+), call 216.368.8730.
 - For a pediatric appointment, call 216.368.6185.
- Free Medical Clinic of Greater Cleveland
 - (216) 707-3419



- UH Rainbow Babies & Children's Hospital's Ronald McDonald Care Mobile
- (216) 844-3084



- MetroHealth Dental Clinic Main Campus
 - (216) 778-4725

Community Resources

- United Way (211)
 - www.unitedwaycleveland.org
 - Assistance with grocery and RX delivery



- Greater Cleveland Food Bank
 - www.greaterclevelandfoodbank.org
- *Say Yes* Liaisons



*Enter North parking lot via W. 30th St.
*Food will be pre-bagged
*Must stay in vehicle & open your trunk when it's your turn
*School Address: 3202 W. 30th St., Cleveland

**Occurs the 2nd Friday of
each month:**

November 13	February 12
December 11	March 12
January 8	April 9
	May 14

12:00-2:00

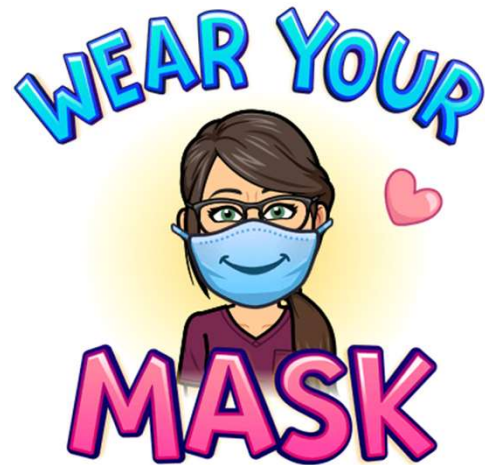


Vision Resources

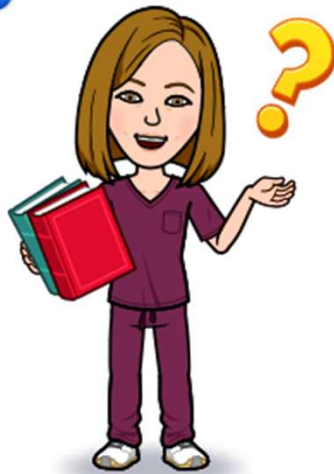


- Sight for Students
 - 1-888-290-4964
 - www.new-eyes.org
- Prevent Blindness
 - www.ohio.preventblindness.org
- VSP Vouchers
 - Program through NASN for all active members
 - Speak to your school RN

DON'T LET UP



Any Questions?



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THOUGHTS?
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