

# Social and Emotional Learning

Social-emotional learning is the process through which children and adults acquire and effectively apply the knowledge, attitudes and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships and make responsible decisions. Research demonstrates that students who receive support for social and emotional learning in schools do better academically, socially and behaviorally. Social-emotional learning has also been shown to positively impact economic mobility and mental health outcomes. Developing these skills in our students is an important part of meeting the needs of the whole child.



## Resources

The Social Emotional resources below will deliver support to educators.



(/Topics/Learning-in-Ohio/Social-and-Emotional-Learning/Collaborative-for-

Academic-Social-and-Emotional)



(<https://www.infohio.org/educator-tools>)

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## Social and Emotional Contact Information

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