



MTSS Tip Sheet

Throwing in Classroom

A act calm

D de-escalate

A acknowledge feelings

P problem-solve

T think reflectively

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PURPOSE

This tip sheet will help you help your scholars who are throwing objects in the classroom. Below are tips that may be helpful, both in the moment and for future planning.

This list is not all encompassing, discuss with OT (and whole team) and see additional references for other suggestions.

TIPS

In the moment:

- Remain calm, maintain your own safety, call building security if indicated
- Limit the number of throwable items in the scholar's immediate area
- Assess the level of danger for all scholars, and clear others from area if needed

Future Planning:

- Try to determine why the scholar is engaging in this behavior (escape, attention, sensory, etc)
- Allow scholars breaks as needed (and by request)
- Encourage your scholar to identify and utilize coping strategies to remain calm
- Replacement Behaviors (dependent on the "why")
- Positive Behavior Rewards System in classroom
- Develop an evacuation plan with team
- Use students "regulation plan" to identify meaningful alternatives

Information from (Kerr, 2021)*

OT / PT Website

<https://www.clevelandmetroschools.org/occupational-physical-therapy>

* detailed references available on department website