Student Health and Risk Behaviors

In the CMSD High School Youth Risk Behavior Survey, high school students reported that:

- Saw a doctor or nurse for a check-up or physical exam.
- Saw a doctor, nurse, therapist, social worker, or counselor for a mental health problem.
- Saw a dentist for a check-up, exam, teeth cleaning or other routine dental work.
- Have been tested for HIV.

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>SAW DOCTOR OR NURSE</td>
<td>60%</td>
<td>62%</td>
</tr>
<tr>
<td>SAW DOCTOR, NURSE, THERAPIST, SOCIAL WORKER, OR COUNSELOR</td>
<td>n/a*</td>
<td>36%</td>
</tr>
<tr>
<td>SAW DENTIST</td>
<td>70%</td>
<td>73%</td>
</tr>
<tr>
<td>HAVE BEEN TESTED FOR HIV</td>
<td>n/a*</td>
<td>24%</td>
</tr>
</tbody>
</table>

The Response

In the 2016 School Health Profiles, principals and health educators reported that among CMSD high schools:

- 84% taught how to access valid and reliable health information, products, or services related to HIV, other STDs, and pregnancy in a required course.
- 13% had a full-time nurse who provides health services to students at school.
- 39% provided students with direct access or referrals to healthcare providers for 7 key sexual health services.
- 62% established 1 or more communication channels with parents about school health services and programs.

Creating Solutions

The CMSD Responsible Sexual Behavior Program is:

- Establishing linkages with teen friendly community-based sexual health service providers.
- Working to increase student awareness of school- and community-based sexual health service providers.
- Developing a youth-friendly sexual health services clinical referral resource guide and sexual health services referral protocol.

*Question not asked on the 2013 YRBS

For more information on the CMSD Responsible Sexual Behavior Program contact: Sharon Stevens, Program Manager at Sharon.stevens@clevelandmetroschools.org or Lauren Waldron, RSB Content Expert at Lauren.waldron@clevelandmetroschools.org

For more information about the Youth Risk Behavior Survey visit http://www.prchn.org/YRBS.aspx
Student Health and Risk Behaviors

In the CMSD Middle School Youth Risk Behavior Survey, middle school students reported that:

- Saw a doctor or nurse for a check-up or physical exam. 2014: 56%, 2016: 54%
- Saw a doctor, nurse, therapist, social worker, or counselor for a mental health problem. 2014: 34%, 2016: 36%
- Saw a dentist for a check-up, exam, teeth cleaning or other routine dental work. 2014: 58%, 2016: 53%

The Response

In the 2016 School Health Profiles, principals and health educators reported that among CMSD middle schools:

- 54% taught how to access valid and reliable health information, products, or services related to HIV, other STDs, and pregnancy in a required course.
- 18% had a full-time nurse who provides health services to students at school.
- 22% provided students with direct access or referrals to healthcare providers for 7 key sexual health services.
- 66% established 1 or more communication channels with parents about school health services and program.

Creating Solutions

- Establishing linkages with teen friendly community-based sexual health service providers.
- Working to increase student awareness of school- and community based sexual health service providers.
- Developing a youth-friendly sexual health services clinical referral resource guide and sexual health services referral protocol.

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For more information about the Youth Risk Behavior Survey visit http://www.prchn.org/YRBS.aspx