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# **Campus Conference**

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# Mentoring Shapes Young Women Into Leaders

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#### Overview

Mentoring has proven to create a better atmosphere in work settings. Data from the University of California Haas School of Business suggests that women thrive in social settings after meeting with a superior mentor.<sup>1</sup> This change will hopefully be monumental to the girls at Campus International High School. <u>Identities and Relationships</u> fit the profile of mentoring perfectly, as a big part of mentoring is identities. As young women, Identity is something we often have trouble with. Mentoring has been proven to help this.

Personally, I have a mentor. Her name is Ms. Angela Findings, the Director of Education and Workforce at the Greater Cleveland Partnership. She has changed my life for the better and has given me an opportunity to see new potential career paths. I think every girl in CIHS deserves some sort of mentor. This is why I want to expand the already amazing girls' group that is Blossom and Grow. Blossom and Grow was built on the idea that every girl deserves guidance. This ideal is the primary reason I chose mentoring as my project. Blossom and Grow is an outlet for me to mentor the freshman, and to have a continuous effect on the CIHS culture. The way in which I am evaluating my project is how efficient Blossom and Grow mentors the freshman who are interested. I am holding myself to a high standard in hopes my personal project is one to remember.

<sup>&</sup>lt;sup>1</sup> Schumer, L. (2018, September 27). Why Mentoring Matters, and How to Get Started. Retrieved from <a href="https://www.nvtimes.com/2018/09/26/smarter-living/whv-mentoring-matters-how-to-get-started.html">https://www.nvtimes.com/2018/09/26/smarter-living/whv-mentoring-matters-how-to-get-started.html</a>

#### Goals

- Revamp Blossom and Grow: Blossom and Grow is a student ran organization that
  focuses on the females at CIHS guiding and mentoring their peers. My goal is to expand
  the works of Blossom and Grow and kickstart the group.
- 2. **Inform Others About the Importance of Mentoring:** Mentoring has been proven to have a positive impact on youth; I want to share its importance.



## **Specifications**

According to the the National Mentoring Partnership, young adults who were likely the fall off track are 130% more likely to become leaders; of those young adults, 70% are more likely to volunteer in their communities and 90% are more likely to become mentors themselves.<sup>2</sup> Mentoring has a very clear

influence on the lives of the youth. Whether it be pushing us to help around our community or to mentor our peers. The young women at CIHS deserve a program that focuses on empowering and supporting them.



A General Timeline of My Action Plan

<sup>&</sup>lt;sup>2</sup> Mentoring Impact. (n.d.). Retrieved from <a href="https://www.mentoring.org/whv-mentoring/mentoring-impact/">https://www.mentoring.org/whv-mentoring/mentoring-impact/</a>