



CLEVELAND ROWING FOUNDATION

1003 British Street, Cleveland, OH 44113

216-308-4183

www.clevelandrows.org

2017 Swim Test Form

(Any individual rowing out of CRF must also sign a liability waiver before being permitted to row)

All minors rowing at the Cleveland Rowing Foundation (CRF) must be able to pass the following swim test and have a certified lifeguard or American Red Cross safety instructor attest to completion of this test by signing the form below.

The swimming test is comprised of the following:

- 50-meter continuous swim, using any stroke
- 5-minute continuous tread water
- Put on a life jacket and secure it while treading water

I, _____, certify that _____
(swimmer's name) has completed the above swimming requirements in the above order listed.
This test of swimming ability was given at _____ (location of test) on
_____. (Date of test)

Signature of person administering test

Please complete this form and return it to your coach so that they may keep it on file with the Cleveland Rowing Foundation (CRF). Please note that this swimming test only needs to be performed once and will be kept on file for future seasons.

**2017 CLEVELAND ROWING FOUNDATION
ROWING WAIVER AND AFFIRMATION OF SWIMMING ABILITY
FOR MINORS**

***Any individual rowing from the CRF boathouse must sign a liability waiver before being permitted to row.**

IN CONSIDERATION of being given the opportunity for my minor child or minor dependent to participate in any Cleveland Rowing Foundation (“CRF” or “Club”) activities or member organization/program, including scheduled, supervised Club activities, and registered regattas, during the policy term 12/31/16 - 12/31/17 (“Rowing Activities” or “Activity”), I, for my minor child or minor dependent, myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that my minor child or minor dependent is qualified, in good health, and in proper physical condition to participate in such Activity.

2. FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death; (b.) these Risks and dangers may be caused by my minor child’s or minor dependent’s actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasee named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur or my minor child or minor dependent incurs as a result of my minor child’s or minor dependent’s participation in the Activity.

3. AGREE AND WARRANT that I will examine and inspect each Activity in which my minor child or minor dependent takes part and that if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to permit my minor child or minor dependent to take part in the Activity until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations. I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law.

Printed Name of Participant: _____ **Date:** _____

Address of Participant: _____ **Phone #:** _____

Date of Birth: _____ **Email:** _____

Printed name of Parent/Guardian: _____

Parent/Guardian Signature _____

I also affirm that the minor participant has the ability to continuously swim 50-yards, using any stroke; continuously tread water for 5-minutes; and put on a life jacket and secure it while treading water. I acknowledge that the minor participant must demonstrate this ability and have it certified to the satisfaction of the Club before being permitted to engage in activities. I give my permission for my child to NOT wear a PFD (personal flotation device) while participating in Rowing Activities.

Printed Name of Parent/Guardian: _____ **Date:** _____

Address: _____ **Phone #:** _____

Parent /Guardian Signature: _____