Dear Parent/Guardian of________________________________________,  

Your student was sent home today with the following symptom(s) circled:

• Headache  
• Nausea  
• Fatigue  
• Muscle aches.

Your student may return to school the following school day if:

• They above circled symptom(s) are gone  
• They are not running a fever  
• No new symptoms have developed overnight

In order to return to school, you must send them with a letter that the above 3 criteria have been met.

Your student **MAY NOT** return to school if any of the following exist:

• The above symptom(s) are still present  
• They have a fever greater than 100.4  
• New symptoms have developed

**PLEASE CALL YOUR STUDENT’S SCHOOL NURSE FOR FURTHER INFORMATION ON WHAT STEPS TO TAKE NEXT.**

Thank you,

CMSD Health Services