

# Why do students dislike school lunches?

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## Intro

I care about it because of the amount of times my school and past schools have just spammed pizza and generic burgers rarely getting anything new or creative how many times has your school had chicken, a meatloaf, or even a dish of formulated ravioli or spaghetti?, The low quality watered down food besides the main dishes is just foul. And we can all agree there is that one lunch in which we hate and would trade it in for almost anything else.

## Facts

Food and nutrition directors at school districts nationwide say that their trash cans are overflowing while their cash register receipts are diminishing as children either toss out the healthier meals or opt to brown-bag it. While no one argues that the solution is to scrap the law and go back to feeding children junk, there's been a movement to relax a few of the guidelines as Congress considers whether to reauthorize the legislation, particularly mandates for 100 percent whole grains and extremely low sodium levels, so school meals will be a bit more palatable and reflective of culinary traditions.

Source: New York Times, "Why students hate school lunches."

## Observation

I observed a lunchroom that people began throwing their food away during the 2nd semester.



## Survey

My Results for the survey was a total of 12 students in school and 9 outside of school giving me a total 21 students that have taken the survey the following questions were the most picked in and outside of school,

1. Was be honest do you enjoy school lunches? The 3d answer that was picked for this question was no.
2. If you had a choice what would change about school lunches the 2nd answer for this question that was picked was the selction of the food
3. And this one was to my school but can apply to other schools aswell the question was are you sick of pizza which the first answer that was picked the most is yes.

## Recommendations

Better selection of food and morev ariety of foods for use the eat and enjoy, Something that also appeals to all diets and pepole who eat certain types of food



## Main References

New York Times. (2015). "Why do students hate school lunches."