

Intro

For my person project i decided to do depressing and how to notice when someone is given signs. I choose this topic because suicide from depressing is ranked number 3 in deaths

Observation

Thing that caused depression is job loss, relationship problems, divorce
 .Physical or sexual abuse during childhood

0-2

3-5

6-13

14-18

19-40

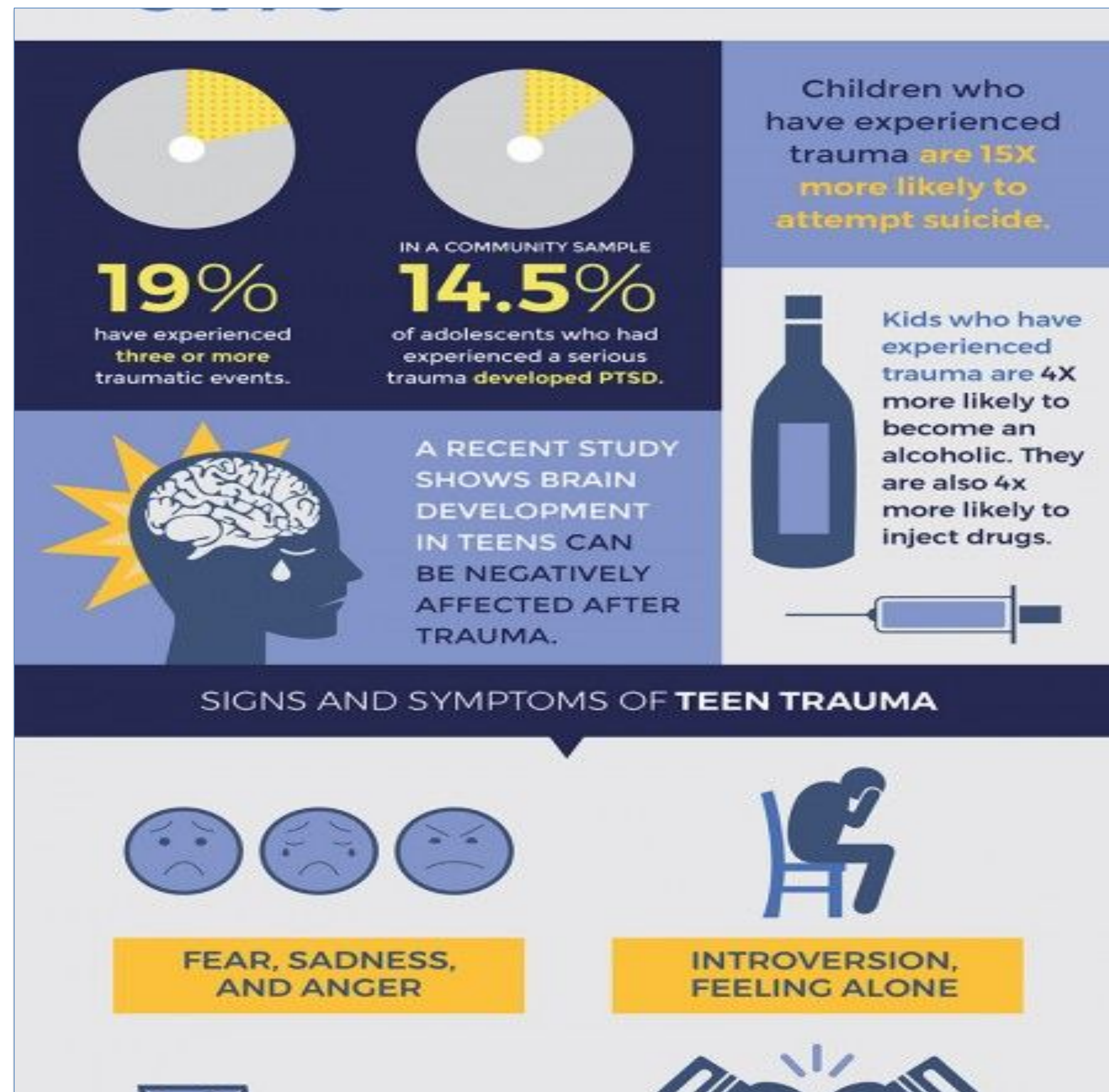
41-60

60+



How To Notice It

- . Loss of interest in things that were previously liked
- .Sleep difficulties
- .. emotional changes
- .Expressing negative thoughts
- .Loss of confidence in thereself



Main References

<https://adaa.org/about-adaa/press-room/facts-statistics>

[/www.normanrosenthal.com/blog/2012/03/seven-signs-of-a-depression/](http://www.normanrosenthal.com/blog/2012/03/seven-signs-of-a-depression/)

Facts

When i research my topic i find out. It effect more 14-18 years old (highschool students)
 . Over 41,000 Suicied is commit because of suicide in the U.S